



"Wisdom for Self-Control and Anger"

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LifeGroup Questions:

1. Reflect on the different types of self-control from the message. Talk about a situation in which you experienced a lack of self-control.
2. When are you most tempted to lose self-control in your everyday life?
3. The Gospel assures complete forgiveness of sins through Christ. Have you found forgiveness of your sins? Have you forgiven yourself, refusing to be condemned for what God has forgiven?
4. The Gospel promises to reshape believers with Christ-likeness from the inside out. If God has forgiven you for anger, have you forgiven those who have irritated, offended and sinned against you?
5. Will you ask the Holy Spirit to empower you for self-control this week? Will you trust him to do this?