

## Freedom From Sinful Indulgences

April 20, 2008

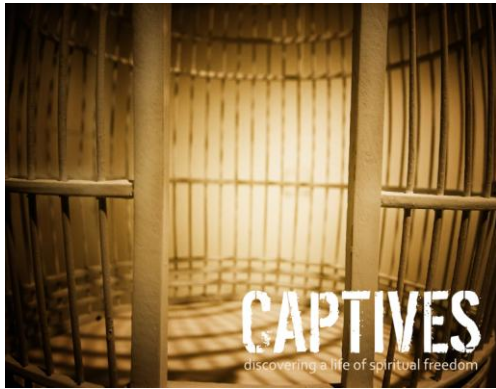
*Pastor Tom Shirk*

*These are matters which have, to be sure, the appearance of wisdom in self-made religion and self-abasement and severe treatment of the body, but are of no value against fleshly indulgence.*

**Colossians 2:23**

For your LIFEGROUP:

1. How has our present day culture emboldened people's willingness to indulge in sin with little thought of any consequences?
2. Why do legalism and asceticism have no value in restraining the flesh?
3. Discuss the implications of following verses. Note especially that ALL believers in Jesus come to Him with a past (though not all the same past), and all are to have a similar future. Describe both.
  - **1 Peter 4:3-5**
  - **1 Corinthians 6:9-11**
4. Read **Romans 8:1-11**. Make a list of the difference between a life in the "flesh" and a life in the Spirit.
5. **Galatians 5:16-24**. Make a list of the difference between a life in the "flesh" and a life in the Spirit.
6. Pray **Galatians 5:16** for one another.



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